THE PARAMOUNT AT SOMERS
REHABILITATION & NURSING CENTER

JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WEEKLY DINING MENU LOCATED ON REVERSE SIDE OF WEEKLY ACTIVITY SCHEDULE! PLEASE CALL OUR NEW DINE LINE 914-373-6570 BEFORE 10am IF WOULD LIKE AN ALTERNATE LUNCH OR DINNER	***BANKING*** **MONDAYS 10:00am & THURSDAYS 1:30PM AFTER HOURS CALL LAURI PERRI 914-232-5101 EXT 3430 AFTER 4PM AND WEEKENDS CALL NURSING SUPERVISOR 914-373-6464**	STORE HOURS Monday 10AM-11:30AM 1:30PM-3:30PM Wednesday 1:30PM-3:30PM Thursday 1:30PM-3:30PM Friday 10AM-11:30AM Hours are subject to change	TUNE IN ON CHANNEL 73 ON 2:00 SATURDAYS FOR OUR BLOCKBUSTER MOVIE	**NEW YEARS DAY** **1** 9-10 SCABOURGH VISITS VICKY 10:30-4:30 VICKY ON TATE 10:30 RECREATION VISIT 2:30 NEW YEAR'S CD WORD GAMES	**2** 9-10 TATE VISITS VICKY 10:00 "THE STORE" MS 10-10:45 MORNING STRETCH S 10:45– 12 GROUP GAMES S 2-3 MUSIC AND MOVMENT S 3-4:30 MUSIC , MANI MUNCHINES S 10:30-4:30 ART WITH ZAIFRO B	**3** 9-10 SCABOURGH VISITS VICKY 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:00 CHANNEL 73 MOVIE
4 9:30 Visits with Leslie E/N 10:30 PASTORAL VISITS ON UNITS 10:30 CATHOLIC CHURCH CD 10:30 CATHOLIC CHURCH CH. 73 2:30 BINGO GAME CD 2:30 AFTERNOON MANOR MD	**5** 9:30 Visits with Leslie E/N **10:30 MANOR MORNINGS MD** 2:30 AFTERNOON MANOR MD 2:30 RIDDLE ME THIS CD	**6** 9:30 Visits with Leslie E/N 9:30 COFFEE AND BOOK CLUB CD 9-10 SCABOURGH VISITS VICKY **10:30 MANOR MORNINGS MD** 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:30 **MANICURES & MASSAGES E/N** 2:30 AFTERNOON MANOR MD	**7** 9:30 Visits with Leslie E/N 9-10 TATE VISITS VICKY **10:30 MANOR MORNINGS MD** 10-11:45– Group Games S 10:30-4:30 ART WITH ZAIFRO B 2-3 MUSIC PROGRAM S 2:30 Visits with Leslie E/N 2:30 **CATHOLIC MASS** BD 3-4:30 ROLLING SNACKS S	8 9:30 Visits with Leslie E/N 9-10 SCABOURGH VISITS VICKY **10:30 MANOR MORNINGS** 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:30 PIANO AND SNACKS MD	**9** 9-10 TATE VISITS VICKY 10:00 "THE STORE" MS 10-10:45 MORNING STRETCH S 10:45– 12 GROUP GAMES S 2-3 MUSIC AND MOVMENT S 3-4:30 MUSIC , MANI MUNCHINES S 10:30-4:30 ART WITH ZAIFRO B	**10** 9-10 SCABOURGH VISITS VICKY 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:00 CHANNEL 73 MOVIE
11 9:30 Visits with Leslie E/N 10:30 CATHOLIC CHURCH CH. 73 2:30 BINGO GAME CD 2:30 AFTERNOON MANOR MD	12 9:30 Visits with Leslie E/N **10:30 MANOR MORNINGS MD** 2:30 AFTERNOON MANOR MD 2:30 RIDDLE ME THIS CD	**13** 9:30 Visits with Leslie E/N 9:30 COFFEE AND BOOK CLUB CD 9-10 SCABOURGH VISITS VICKY **10:30 MANOR MORNINGS MD** 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:30 **MANICURES & MASSAGES E/N** 2:30 AFTERNOON MANOR MD	**14** 9:30 Visits with Leslie E/N 9-10 TATE VISITS VICKY **10:30 MANOR MORNINGS MD** 10-11:45– Group Games S 10:30-4:30 ART WITH ZAIFRO B 2-3 MUSIC PROGRAM S 2:30 Visits with Leslie E/N 3-4:30 ROLLING SNACKS S	**15** 9:30 Visits with Leslie E/N 9-10 SCABOURGH VISITS VICKY **10:30 MANOR MORNINGS** 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:30 PIANO AND SNACKS MD	**16** 9-10 TATE VISITS VICKY 10:00 "THE STORE" MS 10-10:45 MORNING STRETCH S 10:45– 12 GROUP GAMES S 2-3 MUSIC AND MOVMENT S 3-4:30 MUSIC , MANI MUNCHINES S 10:30-4:30 ART WITH ZAIFRO B	**17** 9-10 SCABOURGH VISITS VICKY 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:00 CHANNEL 73 MOVIE
18 9:30 Visits with Leslie E/N 10:30 PASTORAL VISITS ON UNITS 10:30 CATHOLIC CHURCH CD 10:30 CATHOLIC CHURCH CH. 73 2:30 BINGO GAME CD 2:30 AFTERNOON MANOR MD	**MARTIN LUTHER KING DAY** **19** 9:30 Visits with Leslie E/N **10:30 MANOR MORNINGS MD** 2:30 AFTERNOON MANOR MD 2:30 RIDDLE ME THIS CD	**20** 9:30 Visits with Leslie E/N 9:30 COFFEE AND BOOK CLUB CD 9-10 SCABOURGH VISITS VICKY **10:30 MANOR MORNINGS MD** 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:30 **MANICURES & MASSAGES E/N** 2:30 AFTERNOON MANOR MD	**21** 9:30 Visits with Leslie E/N 9-10 TATE VISITS VICKY **10:30 MANOR MORNINGS MD** 10-11:45– Group Games S 10:30-4:30 ART WITH ZAIFRO B 2-3 MUSIC PROGRAM S 2:30 Visits with Leslie E/N 3-4:30 ROLLING SNACKS S	**22** 9:30 Visits with Leslie E/N 9-10 SCABOURGH VISITS VICKY **10:30 MANOR MORNINGS** 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:30 PIANO AND SNACKS MD	**23** 9-10 TATE VISITS VICKY 10:00 "THE STORE" MS 10-10:45 MORNING STRETCH S 10:45– 12 GROUP GAMES S 2-3 MUSIC AND MOVMENT S 3-4:30 MUSIC , MANI MUNCHINES S 10:30-4:30 ART WITH ZAIFRO B	**24** 9-10 SCABOURGH VISITS VICKY 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:00 CHANNEL 73 MOVIE
25 9:30 Visits with Leslie E/N 10:30 CATHOLIC CHURCH CH. 73 2:30 BINGO GAME CD 2:30 AFTERNOON MANOR MD	**26** 9:30 Visits with Leslie E/N **10:30 MANOR MORNINGS MD** 2:30 AFTERNOON MANOR MD 2:30 RIDDLE ME THIS CD	**27** 9:30 Visits with Leslie E/N 9:30 COFFEE AND BOOK CLUB CD 9-10 SCABOURGH VISITS VICKY **10:30 MANOR MORNINGS MD** 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:30 **MANICURES & MASSAGES E/N** 2:30 AFTERNOON MANOR MD	**28** 9:30 Visits with Leslie E/N 9-10 TATE VISITS VICKY **10:30 MANOR MORNINGS MD** 10-11:45– Group Games S 10:30-4:30 ART WITH ZAIFRO B 2-3 MUSIC PROGRAM S 2:30 Visits with Leslie E/N 3-4:30 ROLLING SNACKS S	**29** 9:30 Visits with Leslie E/N 9-10 SCABOURGH VISITS VICKY **10:30 MANOR MORNINGS** 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:30 PIANO AND SNACKS MD	**30** 9-10 TATE VISITS VICKY 10:00 "THE STORE" MS 10-10:45 MORNING STRETCH S 10:45– 12 GROUP GAMES S 2-3 MUSIC AND MOVMENT S 3-4:30 MUSIC , MANI MUNCHINES S 10:30-4:30 ART WITH ZAIFRO B	31 9-10 SCABOURGH VISITS VICKY 10:30-4:30 VICKY ON TATE 10:30-4:30 ART WITH ZAIFRO B 2:00 CHANNEL 73 MOVIE

PLEASE NOTE ACTIVITIES ARE SUBJECT TO CHANGE - SEE WEEKLY SCHEDULE FOR ADDITIONAL UNIT ACTIVITIES AND UPDATES